

EXHIBITION

210TH NNAC EXHIBITION
THE FORUM NORWICH
8 TO 15 MAY 2026

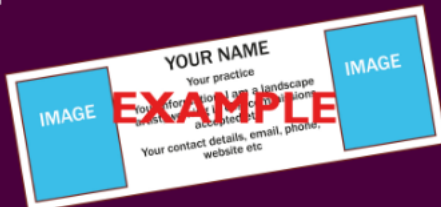


DO YOU WANT TO PROMOTE YOUR ART IN THIS YEAR'S FORUM EXHIBITION CATALOGUE?

Please note the deadline to get your advert in to us is **Friday 10 April**

For just £25 you have a wonderful opportunity to promote yourself in our catalogue which will be available to visitors at the NNAC exhibition at The Forum.

Our 210th Art Exhibition will be at the Forum Norwich from 8 to 15 May. We are offering artists the opportunity to sponsor a quarter page in the catalogue.



Either send us your completed advert sized at 45x135mm landscape, or send your information and images to Ally Zawadzki and we will artwork it for you. Email her at: ally.m@artbear.co.uk. Please also copy your email to info@norfolkandnorwichartcircle.org.uk so Hazel can send you an invoice.



FROM THE CHAIRMAN

Selection Day for the Forum Exhibition was busy, with about 170 artworks coming before the panel. Standards continue to rise and after an intense few hours just under a hundred pieces were selected to display. Many thanks to all those who submitted!

Our AGM on Saturday 28 confirmed Council Members and Officers for the coming year, and the newly launched rebranded website gives us a really professional look to visitors to the site.

Pup news: little buddy had his first birthday recently so had more toys to add to his overflowing toybox!

Ally



ArtChat

Held at: The White Horse, The Street, Trowse Newton, Norwich, NR14 8ST

E-mail: eleanor.alison@btinternet.com

Tel: 0781821551

Next meeting/theme:

Tuesday 12 May
'An artist I have discovered'

Thursday 4 June
'Trees'

The Art Chat meetings are a chance to meet and discuss art related matters with other interested people. We have a theme, which directs ideas into one particular area and helps to focus our thought processes. Meetings are held in the pub, normally in a meeting room or quiet side room by the bar. Some members will arrive early to have food in the bar before we start and obviously alcoholic and non-alcoholic drinks are available. It is a great way to meet and learn from others.

£5 per person if using the larger room. Arrive from 6.30pm for 7pm start. The pub closes at 10pm.



COACH TRIP TO LONDON

WEDNESDAY 29 JULY 2026

Enjoy a day out in London, travelling down by luxury executive coach.

There will be two drop-off points: Trafalgar Square and, for those wishing to visit the Summer Show, the Royal Academy. While in London you will be free to enjoy the day however you wish.



- ▶ Coach will leave Notcutts Garden Centre, Daniels Road, Norwich NR4 6QP at 8am and arrive in London by 11am
- ▶ Free parking at Notcutts courtesy of Notcutts Garden Centre
- ▶ Return coach departs from London at 4pm

NNAC member £22, Non-member £30, **BOOKING ESSENTIAL:** contact hazelpidsley@hotmail.com

PLEIN-AIR PAINTING DAY: MENDHAM MILL

Wednesday 8 July 2026



Limited to 15 participants



NNAC members have been offered a chance to paint in the grounds of the birthplace of Sir Alfred Munnings, Mendham Mill, Mendham, Harleston IP20 0NN. A £5 fee will be payable on the day. Tea and coffee and toilet facilities will be available.

If you are interested in this opportunity, please contact Hazel Pidsley - hazelpidsley@hotmail.com

EXCURSION: CHRISTCHURCH MANSION

Wednesday 16 September 2026

Coach trip to Christchurch Mansion, Ipswich, to see the Constable 250 exhibition

Pick up and return from Norwich. Coach ticket only £12 for members and £20 for guests. This will prove to be very popular so early booking recommended.

To book your place please contact Hazel Pidsley - hazelpidsley@hotmail.com



DEMOS & WORKSHOPS

For workshops email Hazel to book your place



calendar 2026

DEMOS (Free for members, £5 non members)

WORKSHOPS 2026

11 April - **Christine McKechnie**

Paper collage

(£50 members, £70 non members)

Saturday 5 September -
Rachel Thomas

Mixed media with oils

(£50 members, £70 non members)

BOOKING NOW OPEN!

Unless otherwise stated all events will be held at the Willow Centre, Cringleford, Norwich NR4 7JJ.

Workshops must be booked in advance.

Contact:
hazelpidsley@hotmail.com

> 25 April 2.00 - 4.00pm

James Power Horses in oils

> 23 May 2.00 - 4.00pm

Carole Massey Acrylic, gels, mediums, palette knives.

> 27 June 2.00 - 4.00pm

Ian McManus Landscape in watercolour

> 18 July 2.00- 4.00pm

Gareth Jones Seascape in pastel

> 26 September 2.00 - 4.00pm

Julia Tooley Still life in guache

> 24 October 2.00 -4.00pm

Tracey Ross North Norfolk coastal scene in acrylic & mixed media

NEW NNAC WEBSITE - MEMBERS GALLERY CALLOUT

NEW WEBSITE & EMAIL ADDRESS:

www.norfolkandnorwichartcircle.org.uk

info@norfolkandnorwichartcircle.org.uk

Do you want to have your work featured on the Members Gallery on the new NNAC website?

Now that we now have our brand new smart, clean streamlined website (with a new domain name and associated email address) it is perfect timing for NNAC members to take the opportunity of having a page in the Members Gallery. You will shortly be receiving an email specifying how to send in your details and who to contact

Please note that to qualify for this you need to have had your work selected and shown at one of our exhibitions. This applies even if it was not a recent event - if you have been an exhibiting member then you are welcome to take up this opportunity.

The example *right* is what your page will look like. We are asking for 6 images of artwork including one of yourself if you wish (to use as a main image). Any contact details/social media handles etc., and up to 250 words describing you and/or your practice. It's your page so it's your choice as to content.



PAUL ZAWADZKI

Paul Zawadzki is a British contemporary landscape artist based in the rural East Anglian region of the UK. He embraces spontaneity and unpredictability in his colourful oil paintings by employing expressive paint manipulation techniques, such as dripping and splashing, while retaining a traditional approach to the final piece. Paul believes it is important to enjoy the creative process by responding to the materials and process.

Research while studying for an MA in Fine Art (Norwich University of the Arts), has inspired the inclusion of organic textural materials such as sand, detritus and rusted steel in his work which, combined with traditional oil painting techniques, form another distinct body of work. Paul also has a BA in Illustration from Kingston University and has worked as a graphic designer, photographer and journalist, as well as being an electronic music recording artist.

Inspiration for both his art and music comes from the eroding cliffs and trees at Covehithe on the North Suffolk coast as well as the pastoral landscape of the Waveney Valley - areas he has been emotionally connected with his whole life, and which are sympathetically expressed in his deeply colourful artwork.

Paul is an active member of several art groups including The Norfolk & Norwich Art Circle (Chairman 2024), Easterly Artists and Harleston & Waveney Art Trail Collective. He exhibits regularly in East Anglia as well as London, Venice, Milan, Paris and New York, with the grateful support of Stefania Carrozzini and MyMicroGallery Milan.

Medium: Oil on canvas/board
Theme: Rich colour, balance, emotional atmosphere and connectivity

@paulzawadzki | [zawadzki.gallery](https://www.facebook.com/zawadzki.gallery) | paulzawadzki@artbear.co.uk



custodian on the edge custodian sunset custodian yellow distant horizon Red void

LIFE DRAWING GROUP

Summer Term Dates:
8 April
13 May
10 June

booking for this term
opens 1 April

The group meets at The United Reformed Church, Ipswich Road, Norwich NR4 6QR

Booking for the terms will be advertised. Please contact Sara Edwards at sara@gullmeadow.co.uk

Cost: £30 per term for NNAC Members, £45 for guests.

Model session from 10am, set up from 9.30am, finish 12.45pm. Bring your own equipment.



NNAC WEBSITE

THE NEW WEBSITE - BIT OF BACKGROUND...

Recently we made you aware of issues we were experiencing with the NNAC website, which resulted in a dramatic turn of events where we suddenly found we had no website at all! As it is increasingly essential that the NNAC has a strong online presence, Council made a snap decision to employ the services of a professional website builder and work on the new website began immediately.

Many thanks go to Issy Coe, Ruth Mann and John Ratcliffe who tirelessly attempted to discover what had happened to the old website (no luck there!), and to those involved with the planning and building of the new site, which was no mean feat as we literally had to start from scratch. Myself and Ally spent many hours in discussion with Ellenor and Stuart at Ulric (Harleston) who was building the site for us but eventually glitches were ironed out and it was handed over to us and, with a bit of training, we were good to go!

Paul Zawadzki March 2026



MEMBER EXHIBITIONS:



HALESWORTH GALLERY

OPEN
MONDAY-SATURDAY 11AM-4PM
SUNDAY 2-4PM
Admission FREE
01986 873064

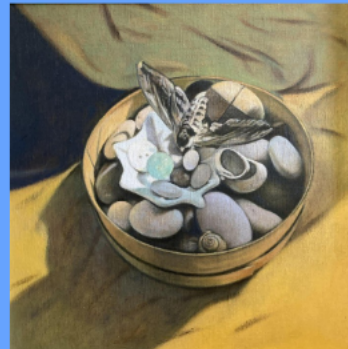
www.halesworthgallery.co.uk

info@halesworthgallery.co.uk

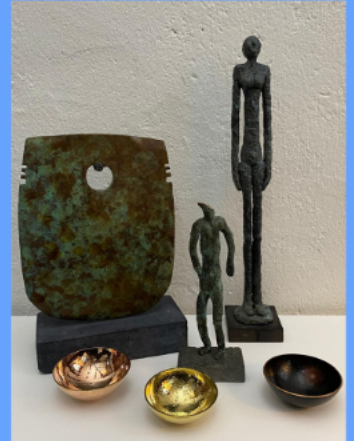
[@halesworth_gallery](https://www.instagram.com/halesworth_gallery)

13th June-8th July

Opening Party 12th June 6pm - 8pm **EVERYONE WELCOME**



Jane German



Quentin Cowan



Jan Lacey

Steeple End, Halesworth, Suffolk IP19 8LL
Opposite St. Mary's Church

Have you got any art events/exhibitions coming up that you would be willing to share with members?

If so, email paulzawadzki@artbear.co.uk to discuss inclusion in our monthly NNAC newsletter. Please note the newsletter is produced in the last week of the month so info needs to be with us by the 25th for inclusion in next months issue

NNAC OFFICERS AND COUNCIL MEMBERS

If you are interested in becoming a Council Member, or know someone who would be, please speak to a Council Member or contact Hazel Pidsley or Ally Zawadzki. Interested parties are welcome to attend a meeting as an observer.

President: Sue Willmer

Chairman: Ally Zawadzki

Vice Chairman: Malcolm Cudmore

Treasurer: Paul Zawadzki

Secretary: Hazel Pidsley

Webmaster: Ally Zawadzki

Archivist: Richard Motley

Council Members:

Shirley Easton

Barry Ellis

Janet Hovard

Jan Motley

Richard Motley

Liam Parker

John Ratcliffe

Helen Sant

Keith Stokes