



FROM THE CHAIRMAN

Not long now until we curate and hang the latest exhibition at the Forum. The Forum is a lovely white space and our shows always look fabulous in there - I'm excited to see how it looks.

We are also starting to plan the details of the Autumn show at Becket's Chapel, Wymondham, so watch this space for more details.

At last the weather has warmed up which, for me,

always seems to release the creative juices!

Puppy news - little Buddy has been promoted to studio assistant - he loves helping me with my latest project, turning a perfect ball of wool into spaghetti...

Ally



EXHIBITION

If you wish you can print and cut out this Preview Evening invitation to give to friends and family!

The President and Council warmly invite you to the Preview Evening on Friday 8 May, 5.45pm for 6pm opening. Family and friends welcome.



210th
ART
EXHIBITION



www.norfolkandnorwichartcircle.org.uk

The Forum Norwich
Millennium Plain NR2 1TF
8 - 15 May 2026

210TH NNAC
EXHIBITION

THE FORUM
NORWICH

8 TO 15 MAY
2026

PREVIEW
EVENING:
FRIDAY 8 MAY,
STARTING 6PM

DEMO: JAMES POWER: HORSES

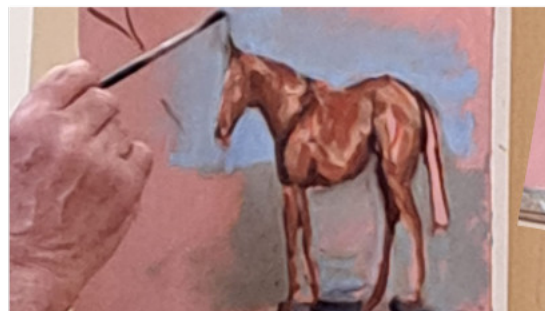
Saturday 25 April Willow Centre

On Saturday members and guests were treated to a very special demo of horse painting by James Power. James has spent his life working with and painting horses, and is a member of the Society of Equestrian Artists, and gives many demonstrations of his techniques of horse and landscape painting to art groups in the area.

He did two demos - the first was a quick guide to the correct proportions to creating a successful horse profile. The main session was a recreation of Alfred Munnings' *The Grey Horse* - a painting started in 1913 and finished in 1924, which hangs in the Munnings Art Museum at Dedham.

For many of us it was a revelation to see the visual explanation of the 'rule of seven' proportions used in creating the initial drawing. I for one, will be investigating this approach in future!

Thanks to James for a fascinating demo!



ArtChat

Held at: The White Horse, The Street,
Trowse Newton, Norwich, NR14 8ST

E-mail: eleanor.alison@btinternet.com

Tel: 0781821551

Tuesday 12 May

'An artist I have discovered'

Thursday 4 June
'Trees'

Tuesday 14 July
'Is it art?'

The Art Chat meetings are a chance to meet and discuss art related matters with other interested people. We have a theme, which directs ideas into one particular area and helps to focus our thought processes. Meetings are held in the pub, normally in a meeting room or quiet side room by the bar. Some members will arrive early to have food in the bar before we start and obviously alcoholic and non-alcoholic drinks are available. It is a great way to meet and learn from others.

£5 per person if using the larger room. Arrive from 6.30pm for 7pm start. The pub closes at 10pm.

Last few places remaining!



COACH TRIP TO LONDON

WEDNESDAY 29 JULY 2026

Enjoy a day out in London, travelling down by luxury executive coach.

There will be two drop-off points: Trafalgar Square and, for those wishing to visit the Summer Show, the Royal Academy. While in London you will be free to enjoy the day however you wish.



- ▶ Coach will leave Notcutts Garden Centre, Daniels Road, Norwich NR4 6QP at 8am and arrive in London by 11am
- ▶ Free parking at Notcutts courtesy of Notcutts Garden Centre
- ▶ Return coach departs from London at 4pm

NNAC member £22, Non-member £30, **BOOKING ESSENTIAL:** contact hazelpidsley@hotmail.com

PLEIN-AIR PAINTING DAY: MENDHAM MILL

Wednesday 8 July 2026



Limited to 15 participants

Last few places remaining!



NNAC members have been offered a chance to paint in the grounds of the birthplace of Sir Alfred Munnings, Mendham Mill, Mendham, Harleston IP20 0NN. A £5 fee will be payable on the day. Tea and coffee and toilet facilities will be available.

If you are interested in this opportunity, please contact Hazel Pidsley - hazelpidsley@hotmail.com

WORKSHOP: CHRISTINE McKECHNIE, PAPER/COLLAGAGE

Saturday 11 May
Willow Centre

Members were treated to an intense but fascinating workshop at The Willow Centre, Cringleford on Saturday 11 April. This collage workshop was led by Christine McKechnie who was attentive and supportive of the group, and all enjoyed the session.

Some fabulous pieces of artwork were produced by everyone. Thank you Christine!



DEMOS & WORKSHOPS

For workshops email Hazel to book your place



calendar 2026

DEMOS (Free for members, £5 non members)

WORKSHOPS 2026

Saturday 5 September

Rachel Thomas

Mixed media with oilse

(£50 members, £70 non members)

BOOKING NOW OPEN!

Unless otherwise stated all events will be held at the Willow Centre, Cringleford, Norwich NR4 7JJ.

Workshops must be booked in advance.

Contact:
hazelpidsley@hotmail.com

> 23 May 2.00 - 4.00pm

Carole Massey Acrylic, gels, mediums, palette knives.

> 27 June 2.00 - 4.00pm

Ian McManus Landscape in watercolour

> 18 July 2.00- 4.00pm

Gareth Jones Seascape in pastel

> 26 September 2.00 - 4.00pm

Julia Tooley Still life in guache

> 24 October 2.00 -4.00pm

Tracey Ross North Norfolk coastal scene in acrylic & mixed media

EXCURSION: CHRISTCHURCH MANSION

Wednesday 16 September 2026

Coach trip to Christchurch Mansion, Ipswich, to see the Constable 250 exhibition

Last few places remaining!

Pick up and return from Norwich. Coach ticket only £12 for members and £20 for guests. This will prove to be very popular so early booking recommended.

To book your place please contact Hazel Pidsley - hazelpidsley@hotmail.com



MEMBER EXHIBITIONS & EVENTS:

Paul & Ally Zawadzki are proud to present this exciting and colourful new exhibition

Ally Zawadzki



Paul Zawadzki



Hillary Barry



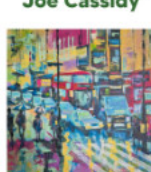
28 June - 25 July 2026
open 10am - 5pm

"meet the artists" Thursday 2 July 5pm - 7pm

Shirley Easton



Joe Cassidy



Corrin Tulk



Diana Capstick



9 Broad Street
Bungay, Suffolk NR35 1EE
info@broadstreetgallery.co.uk
07786 998 694



HALESWORTH GALLERY

www.halesworthgallery.co.uk

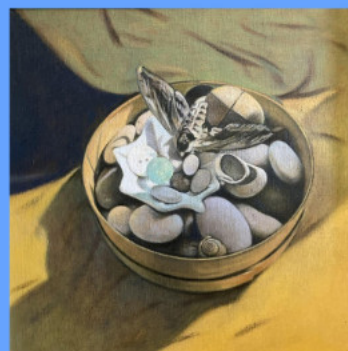
info@halesworthgallery.co.uk

@halesworth_gallery

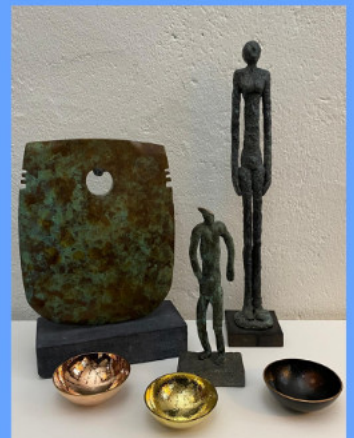
OPEN
MONDAY-SATURDAY 11AM-4PM
SUNDAY 2-4PM
Admission FREE
01986 873064

13th June-8th July

Opening Party 12th June 6pm - 8pm EVERYONE WELCOME



Jane German

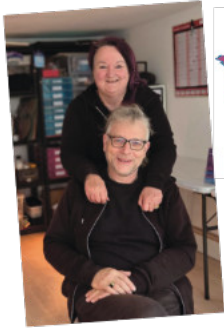


Quentin Cowan



Jan Lacey

Steeple End, Halesworth, Suffolk IP19 8LL
Opposite St. Mary's Church



Paul and Ally
welcome you to
their creative
world

www.artbear.co.uk
facebook: artzonebungay
instagram: artzonebungay
email: artzone@artbear.co.uk

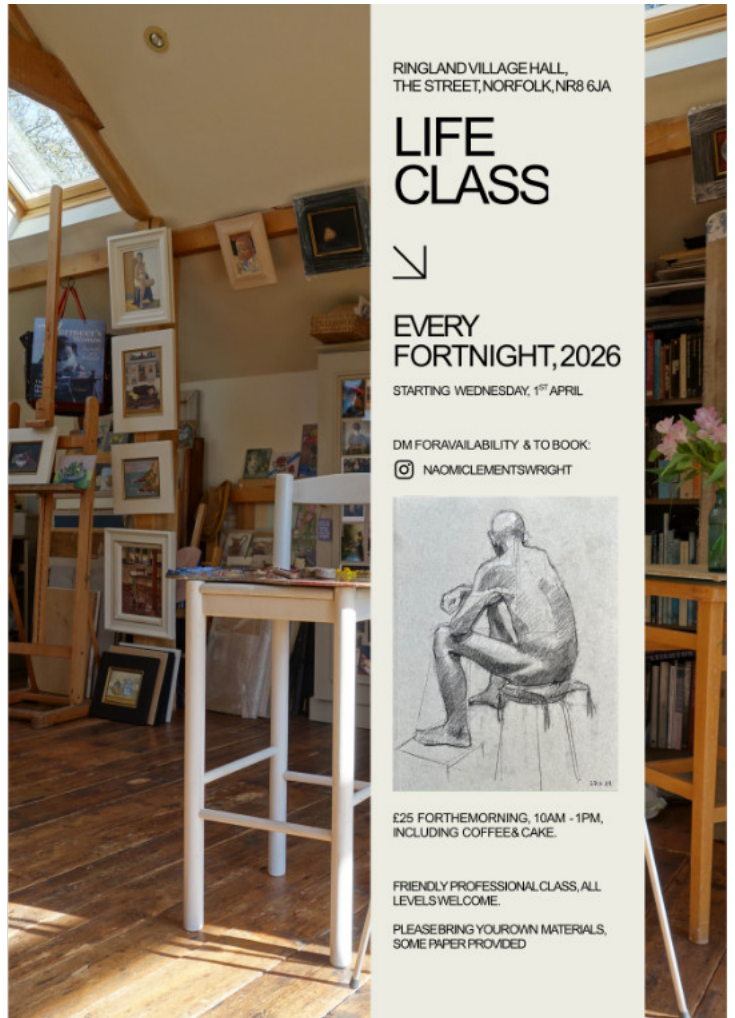
A small dedicated space for creativity and the arts in Bungay. Workshops in Oils, Acrylics, Watercolour, Drawing, Still life, Sculpture, Collage, Abstract, Mixed media, Life drawing and much more! Suitable for all levels



24A Upper Olland Street, Bungay, NR35 1BH

Have you got any art events/exhibitions coming up that you would be willing to share with members?

If so, email paulzawadzki@artbear.co.uk to discuss inclusion in our monthly NNAC newsletter.



RINGLAND VILLAGE HALL,
THE STREET, NORFOLK, NR8 6JA

LIFE CLASS



EVERY
FORTNIGHT, 2026

STARTING WEDNESDAY, 1ST APRIL

DM FOR AVAILABILITY & TO BOOK:

📍 NAOMICLEMENTSWRIGHT



£25 FORTHENMORNING, 10AM - 1PM,
INCLUDING COFFEE & CAKE.

FRIENDLY PROFESSIONAL CLASS, ALL
LEVELS WELCOME.

PLEASE BRING YOUR OWN MATERIALS,
SOME PAPER PROVIDED



LIFE DRAWING GROUP

Wednesday
13th May
Wednesday
10th June

The group meets at The United Reformed Church, Ipswich Road, Norwich NR4 6QR

Booking for the terms will be advertised. Please contact Sara Edwards at sara@gullmeadow.co.uk

Cost: £30 per term for NNAC Members, £45 for guests.

Model session from 10am, set up from 9.30am, finish 12.45pm. Bring your own equipment.

NNAC OFFICERS AND COUNCIL MEMBERS

If you are interested in becoming a Council Member, or know someone who would be, please speak to a Council Member or contact Hazel Pidsley or Ally Zawadzki. Interested parties are welcome to attend a meeting as an observer.

President: Sue Willmer

Chairman: Ally Zawadzki

Vice Chairman: Malcolm Cudmore

Treasurer: Paul Zawadzki

Secretary: Hazel Pidsley

Webmaster: Ally Zawadzki

Archivist: Richard Motley

Council Members:

Shirley Easton

Barry Ellis

Janet Hovard

Jan Motley

Richard Motley

Liam Parker

John Ratcliffe

Helen Sant