

## EXHIBITION NEWS

**210<sup>TH</sup> NNAC EXHIBITION**  
**THE FORUM NORWICH**  
**8 TO 15 MAY 2026**

Next year's 210<sup>th</sup> Art Exhibition will be at the Forum Norwich from 8 to 15 May. Please note **SELECTION** will be at the Willow Centre on **Saturday 14 March**.



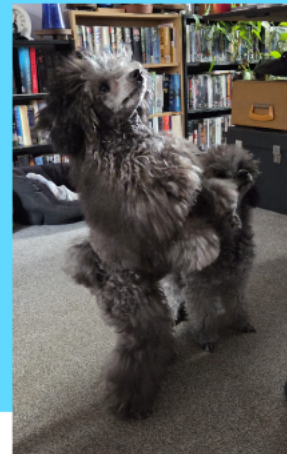
## FROM THE CHAIRMAN

Well, the clocks have gone back and winter is fast approaching. I am not looking forward to those cold dark early evenings! Although I am looking forward to next year's 210<sup>th</sup> exhibition at the Forum in May, planning is already underway.

A reminder that our Christmas Mingle will be at the Willow Centre on Saturday 6 December, 2pm, and we are hoping to see many of you there for a chance to catch up, have a chat, and take part in some activities, as well as enjoy refreshments.

Puppy news: this is little Buddy's first winter, although he doesn't seem bothered by the cold as he's too busy playing and dancing!

*Ally*



FOR  
THE  
DIARY

**Saturday 6 December, 2.00pm**  
**Willow Centre, Cringleford, Norwich.**

**CHRISTMAS  
MINGLE**



# STEPHEN MARTYN DEMO - | WATERCOLOUR, ELY CATHEDRAL

Saturday 25 October, Willow Centre  
Cringleford

Members were treated to a demonstration by watercolourist Stephen Martyn, who showed us how to create a painting using a restricted palette.

Stephen was very entertaining as he went through his process of painting a view of Ely Cathedral, and it was a surprise when he announced at the start that his 'restricted palette' was in fact going to be just two colours (Ultramarine Blue and Brown Madder). He gave us lots of tips and advice during the session and I'm sure several members are now considering the use of limiting colours in their work.

*Paul Zawadzki*



Find out more on [www.stephenmartyn.com](http://www.stephenmartyn.com)

**Bookings are now open for Christine McKechnie's paper collage workshop on 11 April 2026. Contact Hazel Pidsley to book your place.**

**ArtChat**

Held at: The White Horse, The Street,  
Trowse Newton, Norwich, NR14 8ST

E-mail: [eleanor.alison@btinternet.com](mailto:eleanor.alison@btinternet.com)

Tel: 07818215551

**Next meeting/theme:**

**Thursday 13 November**  
**Theme: 'Boats'**

**Future dates:**

**Tuesday 9th December**  
**'Celebration'**

The Art Chat meetings are a chance to meet and discuss art related matters with other interested people. We have a theme, which directs ideas into one particular area and helps to focus our thought processes. Meetings are held in the pub, normally in a meeting room or quiet side room by the bar. Some members will arrive early to have food in the bar before we start and obviously alcoholic and non-alcoholic drinks are available. It is a great way to meet and learn from others.

£5 per person if using the larger room. Arrive from 6.30pm for 7pm start. The pub closes at 10pm.



# calendar 2026

## DEMOS

(Free for members, £5 non members)

> 24 January 2.00 - 4.00pm

**Marcia Whiting** Munnings' life at Lamorna

> 28 February 2.00 - 4.00pm

**Graham Webber** Cityscape in oils

> 25 April 2.00 - 4.00pm

**James Power** Horses in oils

> 23 May 2.00 - 4.00pm

**Stephanie Lacey** Wildlife in pen & ink and charcoal

> 27 June 2.00 - 4.00pm

**Ian McManus** Landscape in watercolour

> 18 July 2.00- 4.00pm

**Gareth Jones** Seascape in pastel

> 26 September 2.00 - 4.00pm

**Julia Tooley** Still life in guache

## WORKSHOPS 2026

11 April - **Christine McKechnie**

**Paper collage**

(£50 members, £70 non members)

**BOOKING NOW OPEN!**

Unless otherwise stated all events will be held at the Willow Centre, Cringleford, Norwich NR4 7JJ.

Workshops must be booked in advance.

Contact:  
hazelpidsley@hotmail.com

## LIFE DRAWING GROUP

The group meets at The United Reformed Church, Ipswich Road, Norwich NR4 6QR

**Next sessions:**

**12 November**

**10 December**

Places must be booked in advance and booking opens one week before the session. Please contact Sara Edwards at sara@gullmeadow.co.uk or text 07518 352250.

Model session from 10am, set up from 9.30am, finish 12.45pm. Bring your own equipment.

Cost £10 NNAC member, £15 guest. Please bring cash on the day or make your payment online and let Sara know you have done so.

**A reminder that you must be a member of NNAC to be eligible for the member rate of £10. Membership forms are available on the website and guests are still welcome at the rate of £15.**



## MEMBER EXHIBITIONS

Have you got any art events/  
exhibitions coming up that  
you would be willing to share  
with members?

If so, email [paulzawadzki@artbear.co.uk](mailto:paulzawadzki@artbear.co.uk) to discuss inclusion in our monthly NNAC newsletter. Please note the newsletter is produced in the last week of the month so info needs to be with us by the 25<sup>th</sup> for inclusion in next months issue

Some NNAC members are showing their work at Art Fair East this year - do pop along to the Assembly Rooms, Norwich and say hello!



**Sleep out**  
**SKETCH OUT**

The Benjamin Foundation

During our headline SleepOut event, you can draw along with local artists to capture the Norwich Cathedral at night!

Friday 7<sup>th</sup> November  
Norwich Cathedral

SleepOut invites you to spend one night sleeping outside at Norwich Cathedral, with money raised going towards providing opportunities for young people at risk of homelessness. Find out more about Lauren, who used this fund to pursue art.

FR Registered with FUNDRAISING REGULATOR  
benjaminfoundation.co.uk/sleep-out-2025/ events@benjaminfoundation.co.uk  
Registered Charity Number: 1124955  
Company Number: 3829425



**ART FAIR EAST**

7th-9th Nov 2025  
The Assembly House, Norwich

www.artfaireast.com

Weekend Free Entry  
Free entry for you and 1 guest with this ticket.

Opening hours  
Friday 7th 10.30am to 5.30pm  
Saturday 8th 10.30am to 6.00pm  
Sunday 9th 10.30am to 5.00pm

Tickets £5 or £3.50 concessions, under 16s free.

in association with  
**Chadwicks** **Dipple and Conway**

Business Daily Press



## NNAC OFFICERS AND COUNCIL MEMBERS

If you are interested in becoming a Council Member, or know someone who would be, please speak to a Council Member or contact Hazel Pidsley or Ally Zawadzki. Interested parties are welcome to attend a meeting as an observer.

**President:** Sue Willmer

**Chairman:** Ally Zawadzki

**Vice Chairman:** Malcolm Cudmore

**Treasurer:** Paul Zawadzki

**Secretary:** Hazel Pidsley

**Webmaster:** Issy Coe

**Archivist:** Richard Motley

**Council Members:**

Eleanor Alison

Shirley Easton

Barry Ellis

Janet Hovard

Jan Motley

Richard Motley

Liam Parker

John Ratcliffe

Helen Sant