

209TH NNAC EXHIBITION THE MUNNINGS MUSEUM 10 - 21 SEPTEMBER 2025

Our next exhibition will soon be upon us and will be showcasing some superb work by our members. Ninety one works will be on show, having been selected from an offering of over 120 pieces.



FROM THE CHAIRMAN

I'm looking forward to the next NNAC exhibition at Castle House, Dedham in September.

Judging by the quality of work coming in front of the selection panel it promises to be yet another superb show, keeping the standard of our work really high. It was a long day for the selection panel and some difficult decisions to be made (as always!) but we have ended up with over 90 pieces of work which should make effective use of the space in the marquee in the grounds of the Munnings Art Museum.

I hope you have all been enjoying the hot weather (although as I write we have had torrential rain, but that is typical of a British summer is it not?).

I didn't manage to get to the Painting Day at Dedham but Paul was there and his report of the superb day is in this newsletter. Many thanks to Jenny, Victoria and Jim as well as the models and all those involved in accommodating the group of artists on the day.

Puppy news: little Buddy has adapted very well to his place in the 'pack' and is very affectionate and loves a cuddle. He is a bit of a 'bumble' though with a tendency to forget how to use all four legs at once and spends most of his time on his back looking cute!

Ally



LIFE DRAWING GROUP

The group meets at The United Reformed Church, Ipswich Road, Norwich NR4 6QR

Next session:
**Wednesday 10
September**

Places must be booked in advance and booking opens one week before the session. Please contact Sara Edwards at sara@gullmeadow.co.uk or text 07518 352250.

Model session from 10am, set up from 9.30am, finish 12.45pm. Bring your own equipment.

Cost £10 NNAC member, £15 guest. Please bring cash on the day or make your payment online and let Sara know you have done so.

A reminder that you must be a member of NNAC to be eligible for the member rate of £10. Membership forms are available on the website and guests are still welcome at the rate of £15.



EXCURSION - MUNNINGS ART MUSEUM - PAINTING DAY

On Saturday 5 July the Munnings Art Museum hosted a day of painting in the grounds. Members of NNAC were joined by a larger group of local artists who all enjoyed their day producing paintings in a variety of mediums.

The organisers had arranged a special tableau for the day, comprising two magnificent black horses, a landau with driver and two attendants. Another model posed as 'Queen Mary' and the tableau was a take on Munnings' painting *The State Procession to Ascot 1925* on display in the Art Museum.

On a personal note, as an oil painter not being one for plein air painting, I was keen on being out of my comfort zone of painting horses and people - both subjects presenting massive challenges for me. At the end of the day I was pleasantly surprised with my efforts and the main piece, which was finished off in the studio, will be on show at the NNAC exhibition in September.



It was a lovely day and we were very well catered for, with refreshments provided, so a massive thanks to Jenny, Victoria, Jim, the models, horse handlers and all involved in making this a fantastic day.

Paul Zawadzki



Jenny Hand, Director of the Museum, gave the group a tour and talk about the 'Long Glittering Line' exhibition at the Museum

EXCURSION



Monday 15
September

MUNNINGS
ART MUSEUM

Castle House,
Dedham



Excursion & Activity Day

As part of Heritage Open Days and our exhibition during September, we are offering the chance to visit the show and spend a day at Sir Alfred Munnings' former home at Dedham.

- You get:
- ♦ travel by coach
 - ♦ access to the house and museum displays
 - ♦ painting opportunity in the grounds (with help and advice by artists on site)
 - ♦ drawing opportunity in the museum

The Tea Room will open serving delicious food, or you can bring your own.

BOOKING ESSENTIAL: contact hazelpidsley@hotmail.com

TRAVELLING BY COACH: NNAC members £28, non-members £32.

► Coach will leave Notcutts Garden Centre, Daniels Road, Norwich NR4 6QP at 9am. (Free parking at Notcutts courtesy of Notcutts Garden Centre)

► En route pick up at Hedenham Village Hall, Norwich Road, Hedenham NR35 2LB at 9.45am. (Free parking courtesy of Hedenham Village Hall)

► Return coach departs Dedham at 4pm

If you want to make your own way down to the museum: please let Hazel know so we have an idea of expected numbers.

Next meeting/theme:

Thursday 3 July/From Above

Future dates:

Tuesday 12th August/Transport
Thursday 4th September/Perspective
Tuesday 14th October
Thursday 6th November
Tuesday 9th December

The Art Chat meetings are a chance to meet and discuss art related matters with other interested people. We have a theme, which directs ideas into one particular area and helps to focus our thought processes. Meetings are held in the pub, normally in a meeting room or quiet side room by the bar. Some members will arrive early to have food in the bar before we start and obviously alcoholic and non-alcoholic drinks are available. It is a great way to meet and learn from others.

£5 per person if using the larger room. Arrive from 6.30pm for 7pm start. The pub closes at 10pm.

DEMONSTRATION: SARAH EDGE

Framing and presenting your work

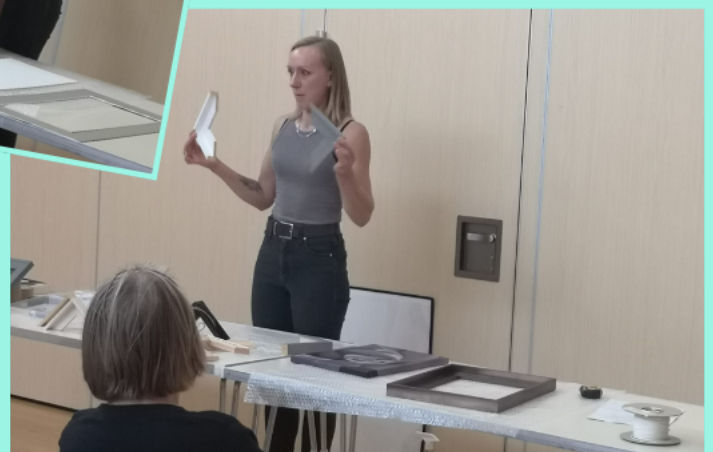
Saturday 26 July, Willow centre, Norwich

Members and guests enjoyed a superb talk and demo from professional picture framer Sarah Edge.

Sarah took us through all aspects of presenting work to exhibition standards, beginning with a lesson in how to professionally present and frame work on paper - considering mount colours, proportions and effective methods of putting it all together. She went on to look at framing for canvas works, discussing options for 'tray' frames.

I think it is fair to say many of us present (including myself) had our eyes opened and there may be some 'rethinking' of approach...

Paul Zawadzki



WORKSHOP



NNAC
Norfolk & Norwich
ART CIRCLE

WORKSHOP

Paul Zawadzki
Drips, blots
& splashes!

Friday 15 August
10.00am - 4.00pm

Note change of venue

**The Pavilion,
Recreation Ground,
Oakfields Road,
NR4 6XF**

£50 Members, £70 guests
To book your place email
Hazel Pidsley
hazelpidsley@hotmail.com

Paul says about his workshop: "This workshop is intended as a light-hearted activity where you will be introduced to the idea of allowing chance and randomness to inspire creativity. To start the day and get you into gear, we will be doing exercises using ink blots and spontaneous drawing/painting techniques, using water-based ink and drawing materials of your choice. We will round off the day with a more considered work where you will be encouraged to work in a spontaneous manner, again with materials of your choice. Throughout the day I will be discussing how I use this approach in my own practice. Remember: the workshop is not geared to any particular medium, so please bring along whatever you are most comfortable using, plus suitable painting surfaces (watercolour paper, canvas etc) for the afternoon session. This might get messy so please dress accordingly, and have fun and I look forward to seeing you!"

MEMBER EXHIBITIONS

DAYS TO REMEMBER

AN EXCITING NEW EXHIBITION OF RECENT PAINTINGS BY

JOHN PATCHETT



THE FORUM, NORWICH

11th August - 16th August

9.30 am – 5.30 pm daily

Free admission

John Patchett will be present throughout the exhibition

For further information ring 07775 538420 or email info@john-patchett.co.uk

DEMOS & WORKSHOPS

For workshops email Hazel to book your place.

Note: some demos are by Zoom, so you will need to let Hazel know beforehand so she can email you the link.



DEMOS & WORKSHOPS calendar 2025/2026

WORKSHOPS

15 August - Paul Zawadzki

having fun with blots & drips

(at the Pavilion, Cringleford)
2026

11 April - Christine McKechnie

Paper collage

(£50 members, £70 non members)

Unless otherwise stated all events will be held at the Willow Centre, Cringleford, Norwich NR4 7JJ.

*For ZOOM demos participants must contact Hazel Pidsley for the email link.

Workshops must be booked in advance.

Contact: hazelpidsley@hotmail.com

DEMOS/TALKS

(Free for members, £5 non members)

>24 September (*by ZOOM only) 2.00 - 4.00pm

Sharon Hurst Watercolour

>25 October 2.00 - 4.00pm

Stephen Martyn watercolour

2026

>24 January 2.00 - 4.00pm

Marcia Whiting Munnings' life at Lamorna

>28 February 2.00 - 4.00pm

Graham Webber Cityscape in oils

>25 April 2.00 - 4.00pm

James Power Horses in oils

>27 June 2.00 - 4.00pm

Ian McManus Landscape in watercolour

>18 July 2.00- 4.00pm

Gareth Jones Seascape in pastel

MEMBER EXHIBITIONS

PAZ Y AMOR 25



the
bell
gallery



40 Earsham St,
Bungay NR35 1AO

18 to 30 August
Open 10-4.30 every day
Private View
5pm Tuesday 19 August
(Special guest Lynne Nesbit)

new works by

Paul & Ally Zawadzki

Celebrating the
unpredictability of nature,
looking beneath the surface
of the landscape that
surrounds us.

 ZawadzkiGallery
 zawadzki_gallery
 sculptureart2021

www.artbear.co.uk



SPECIAL EVENT!



Tuesday 26 August from 6.30pm

Special guest poet and singer Lynne Nesbit will be reading and performing unique written work as she moves through the gallery, reacting and engaging with the artwork on display.

This is a free event, light refreshments available, no need to book, but we would appreciate an email confirming attendance if possible. Thank you.

paulzawadzki@artbear.co.uk
www.artbear.co.uk



Twin Hatters Art Exhibition

A selection of paintings,
prints and cards by
Eleanor Alison and Paul Clarke



4th - 10th September 2025

Studio 56, St Benedict's St
Norwich, NR2 4PG

Have you got any art events/
exhibitions coming up that
you would be willing to
share with members?

If so, email paulzawadzki@artbear.co.uk to discuss inclusion in our monthly NNAC newsletter

NNAC OFFICERS AND COUNCIL MEMBERS

If you are interested in becoming a Council Member, or know someone who would be, please speak to a Council Member or contact Hazel Pidsley or Ally Zawadzki. Interested parties are welcome to attend a meeting as an observer.

President: Sue Willmer

Chairman: Ally Zawadzki

Vice Chairman: Malcolm Cudmore

Treasurer: Paul Zawadzki

Secretary: Hazel Pidsley

Webmaster: Issy Coe

Archivist: Richard Motley

Council Members:

Eleanor Alison

Shirley Easton

Barry Ellis

Janet Hovard

Jan Motley

Richard Motley

Liam Parker

John Ratcliffe

Helen Sant