



NEWSLETTER

JULY 2025

209TH NNAC EXHIBITION THE MUNNINGS MUSEUM, DEDHAM 10 - 21 SEPTEMBER 2025

Our next exhibition is at the Munnings Museum, Dedham. Please note the Selection Day is **Saturday 12 July** at the Willow Centre, Cringleford, Norwich, 8.30 to 9.30am (collect 2.30 to 3.00pm).

You will have received your entry forms. Reminder: please bring BOTH completed forms, A & B, to selection.

Members may submit up to four pieces of work for the selection panel. Those selected artists may then sell up to four unframed original pieces in the browser, and ten cards (at £3 each), you do not need to bring these to selection.

Reminder: all hanging work **MUST** be framed to exhibition standard, with D rings/strung for hanging, and don't forget to put a label (name, title etc) on the reverse.

Entry fees: £3 per submission and further £9 for selected work.



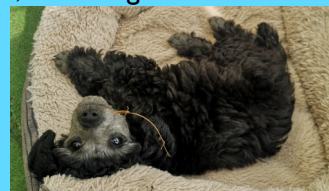
FROM THE CHAIRMAN

I'm looking forward to seeing your work at the next Selection Day on 12 July. The standard of our exhibitions keeps getting better and better, and I am sure the 209th exhibition at Dedham will continue that trend.

The hot weather has well and truly kicked in and this was good for attendance at the recent Royal Norfolk Show, where the NNAC has a strong presence. About 25 members were showing their work this year, as well as invigilating and demonstrating their techniques at the marquee.

Don't forget, we have a superb opportunity to paint a specially arranged Royal Procession tableau at the Munnings Museum, Dedham, on 5 July. At a mere £40 for members this is a unique event not to be missed (details below in this newsletter).

Meanwhile, on the puppy front, one has gone to his new forever home, one will shortly be off and we will be left with our little 'Buddy'.



Ally

DAY TRIP: LONDON AND THE RA SUMMER SHOW - Wed 25 June



NNAC members and guests travelled by coach to London recently, to visit the Royal Academy Summer Exhibition (or just enjoy a day out in the city).

I have not visited the RA show before so was keen to see just what everyone is talking about - especially the volume of work hung from floor to ceiling.

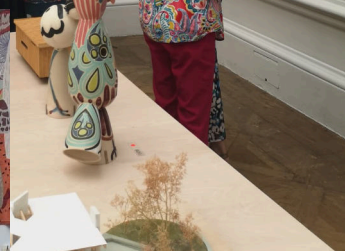
My impressions? I am in two minds about this show. On one hand it is a valuable barometer of what is supposed to be the best contemporary art being produced, (if you trust the judgement of the RA curation team), and there was some stunning inspirational work and real talent on display. On the other hand there were times when I simply stood with a question mark over my head wondering if the curators know

something we don't... To my mind there seems to be a return to more figurative art at this show - less pure abstract, maybe the tide of art is changing yet again...

I was also surprised at the amount of simple photography/prints on show and somewhat perplexed by the disproportionate number of RA members with over four pieces - some pretty large. That doesn't seem fair to me when the rest of us struggle to get through the door with just one piece.

Glad I went anyway. As for the prices - I wonder if I can get away with charging £200k for my work...

Paul Zawadzki





LIFE DRAWING GROUP

The group meets at **The United Reformed Church, Ipswich Road, Norwich NR4 6QR**

Next session:
Wednesday 10 September

A reminder that you must be a member of NNAC to be eligible for the member rate of £10. Membership forms are available on the website and guests are still welcome at the rate of £15.

Places must be booked in advance and booking opens one week before the session. Please contact Sara Edwards at sara@gullmeadow.co.uk or text 07518 352250.

Model session from 10am, set up from 9.30am, finish 12.45pm. Bring your own equipment.

Cost £10 NNAC member, £15 guest. Please bring cash on the day or make your payment online and let Sara know you have done so.

ArtChat

Held at: The White Horse, The Street,
Trowse Newton, Norwich, NR14 8ST

E-mail: eleanor.alison@btinternet.com
Tel: 07818215551

Next meeting/theme:
Thursday 3 July/From Above

Future dates:

Tuesday 12th August/Transport
Thursday 4th September/Perspective
Tuesday 14th October
Thursday 6th November
Tuesday 9th December

The Art Chat meetings are a chance to meet and discuss art related matters with other interested people. We have a theme, which directs ideas into one particular area and helps to focus our thought processes. Meetings are held in the pub, normally in a meeting room or quiet side room by the bar. Some members will arrive early to have food in the bar before we start and obviously alcoholic and non-alcoholic drinks are available. It is a great way to meet and learn from others.

£5 per person if using the larger room. Arrive from 6.30pm for 7pm start. The pub closes at 10pm.

DEMONSTRATION: RACHEL THOMAS

Still Life in mixed media

Saturday 28 June

Willow centre, Norwich

Members and guests enjoyed a superb afternoon in the company of renowned contemporary artist Rachel Thomas, who was demonstrating her techniques of painting a still life in mixed media.

Rachel treated us to a valuable (and humorous) insight into her life as an artist, as she produced a magnificent interpretation of a large group of sunflowers and plants, in her unique loose approach. Comments, questions and conversation made the afternoon fly by, as we were entertained as well as inspired.

For more information and gallery visit Rachel's website:
www.rachelthomas.co.uk/



DEMOS & WORKSHOPS

For workshops email Hazel to book your place.

Note: some demos are by Zoom, so you will need to let Hazel know beforehand so she can email you the link.



DEMOS & WORKSHOPS calendar 2025/2026

WORKSHOPS

15 August - Paul Zawadzki
having fun with blots & drips

(£50 members, £70 non members)

Unless otherwise stated all events will be held at the Willow Centre, Cringleford, Norwich NR4 7JJ.

*For ZOOM demos participants must contact Hazel Pidsley for the email link.

Workshops must be booked in advance.

Contact: hazelpidsley@hotmail.com

DEMOS/TALKS

(Free for members, £5 non members)

Sarah Edge Framing your artworks

26 July 1.45 - 4.15pm

Sharon Hurst Watercolour

24 September (*by ZOOM only) 2.00 - 4.00pm

Peter Partington

25 October 1.45 - 4.15pm

2026

Marcia Whiting Munnings' life at Lamorna

24 January 2.00 - 4.00pm

28 February - TBC



WORKSHOP

Paul Zawadzki
Drips, blots
& splashes!

Friday 15 August
10.00am - 4.00pm

The Willow Centre,
Cringleford, Norwich NR4 7JJ



£50 Members, £70 guests
To book your place email
Hazel Pidsley
hazelpidsley@hotmail.com



Paul says about his workshop: "This workshop is intended as a light-hearted activity where you will be introduced to the idea of allowing chance and randomness to inspire creativity. To start the day and get you into gear, we will be doing exercises using ink blots and spontaneous drawing/painting techniques, using water-based ink and drawing materials of your choice. We will round off the day with a more considered work where you will be encouraged to work in a spontaneous manner, again with materials of your choice. Throughout the day I will be discussing how I use this approach in my own practice. Remember: the workshop is not geared to any particular medium, so please bring along whatever you are most comfortable using, plus suitable painting surfaces (watercolour paper, canvas etc) for the afternoon session. This might get messy so please dress accordingly, and have fun and I look forward to seeing you!"

PAINTOUT DAYS

NORTH NORFOLK PAINTOUT

The North Norfolk Paintout is an idea originating from the Norwich Outdoor Painting Group.

The sessions will start about 10.00am each day and finish around 3.30pm, with a chance to show and see everyone's work at the end of the day.

There is no registration or fee, simply turn up whenever you like and leave when you want.

Locations and dates:

Wednesday 2nd July - Morston Quay

Thursday 3rd July - Wells Harbour

Friday 4th July - Burnham Overy Staithe

EXCURSION

...UPDATE...UPDATE...



Painting Day

Saturday 5 July

MUNNINGS ART MUSEUM

Castle House, Dedham



Norfolk & Norwich Art Circle are offering the chance for a *plein air* painting day at Sir Alfred Munnings' former home at Castle House, Dedham, Essex.

There will be an open air tableau with coach and horses, to recreate the "long glittering line" of the Royal procession to Ascot in 1925, and an opportunity to go into the house to see the special exhibition of the same name. The Tea Room is open serving delicious food, or you can bring your own.

PARTICIPANTS WILL NEED TO MAKE THEIR OWN WAY DOWN TO THE MUSEUM
NNAC members: £40.00. Non members: £50.00.

BOOKING ESSENTIAL: to book this event contact hazelpidsley@hotmail.com

PLEASE NOTE BOOKING IS ESSENTIAL. PARTICIPANTS WILL NEED TO MAKE THEIR OWN WAY DOWN TO DEDHAM

ROYAL NORFOLK SHOW - 25 & 26 JUNE



On two sunny, dusty and hot days in June the Royal Norfolk Show sprang into life again. The Art Gallery, beside the Grand Ring, was showing the best of art work in East Anglia. The Norfolk and Norwich Art Circle has a long and active connection with the Show dating back to the foundation of the Art Gallery just over fifty years ago. This year, approximately twenty five members of the Art Circle were showing paintings and sculptures with some members assisting in the running of the exhibition.

There were over three hundred paintings exhibited and thirty nine sculptures. The entries, from amateur and professional artists, were of a very high standard, from farm animals to land and seascapes that reflected the concepts of the individuals concerned. Some members of the NNAC were demonstrating their skills both around the Show-ground and just outside the Gallery, while others were involved with the organisation of the event. The Norfolk Show was attended by over 80,000 people over two days and it the pinnacle of Art achievement in East Anglia.

Long may the Art Circle be involved in exhibiting and maintaining its connection with the Royal Norfolk Show.

Richard Motley



Ally Zawadzki gives a helping hand to Andrew McAllister with his guitar at the exhibition



Paul Zawadzki demonstrating his techniques on Thursday

Have you got any art events/
exhibitions coming up that
you would be willing to
share with members?

If so, email paulzawadzki@artbear.co.uk
to discuss inclusion in our
monthly NNAC newsletter

new artwork by
EASTERLY ARTISTS

With Special Guest Artist:
Laurence Edwards

Thursday 31 July to Tuesday 5 August

ways of



looking

Holton Lodge Barn Gallery
The Street, Holton IP19 8PN
Open 11am to 5pm daily

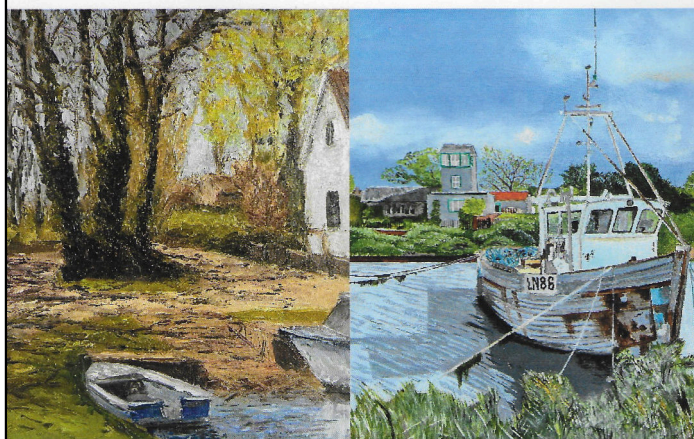
@easterlyartists
@easterlyartistsuk



www.easterly.org.uk

Twin Hatters Art Exhibition

A selection of paintings,
prints and cards by
Eleanor Alison and Paul Clarke



4th - 10th September 2025

Studio 56, St Benedict's St
Norwich, NR2 4PG

Several NNAC members are showing work as part of Easterly Artists, at Holton Lodge Barn Gallery, near Halesworth, in August, collaborating with renowned sculptor Laurence Edwards. This promises to be an exciting exhibition at this superb venue.

Private View on Friday 1 August

NNAC OFFICERS AND COUNCIL MEMBERS

If you are interested in becoming a Council Member, or know someone who would be, please speak to a Council Member or contact Hazel Pidsley or Ally Zawadzki. Interested parties are welcome to attend a meeting as an observer.

President: Sue Willmer

Chairman: Ally Zawadzki

Vice Chairman: Malcolm Cudmore

Treasurer: Paul Zawadzki

Secretary: Hazel Pidsley

Webmaster: Issy Coe

Archivist: Richard Motley

Council Members:

Eleanor Alison
Shirley Easton
Barry Ellis
Janet Hovard
Jan Motley

Richard Motley
Liam Parker
John Ratcliffe
Helen Sant