



208TH EXHIBITION THE FORUM NORWICH MAY 2025

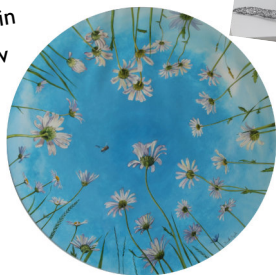
Our latest exhibition at the Forum was a resounding success. It was a great looking show and we had very positive comments from visitors, as well as a considerable number of sales. Coinciding with the launch of the Norfolk & Norwich Festival, the Preview evening was very well attended, and was officially opened by The Right Worshipful the Lord Mayor of Norwich, Councillor Vivien Thomas (pictured), and The Worshipful the Sheriff of Norwich, Sirajul Islam, both of whom stayed for some time admiring the work on display and chatting to members.



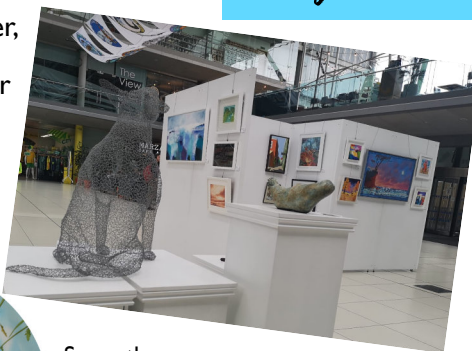
Kim Sedgwick, Forum Events and Venue Manager, presented her choice of 'Best in Show' (Nicola Eastell's pastel 'Aramis') with a generous voucher donated by Jarrolds Department Store.



Nicola Eastell
Aramis
Best in Show



Samantha Symonds
Oxeye Daisies
Highly Commended



FROM THE CHAIRMAN

The latest NNAC members exhibition at the Forum is now over, and what a super show it was! The six months of planning by Council really pays off for these events, as there is a LOT to do, (plus of course as one show finishes we are already planning the next one!).

A HUGE thank you to all Council members and others, whose support is greatly valued and essential to the smooth running of the exhibitions - especially set up, take down and invigilation. Also to Jarrolds Department Store who generously donated the prize for the 'Best in Show', and to Kim Sedgwick, Events Manager of the Forum, and her team for their enthusiastic help and support. Plus, of course, a massive thanks to all who visited the exhibition, making it a very successful event.

I am looking forward to the next (209th) exhibition, at the Munnings Museum in Dedham in September, and seeing your wonderful work at Selection on 12 July.

Puppy update: the three little pups are growing up fast and have discovered their teeth and how to negotiate stairs. Gala (mum) is enjoying playtime, which sounds rather rough at times but is all good fun!

Ally



...COMING UP...

209TH NNAC EXHIBITION
THE MUNNINGS MUSEUM, DEDHAM
10 - 21 SEPTEMBER 2025

Plans are well underway for our next exhibition. Please note the Selection Day is **Saturday 12 July** at the Willow Centre, Cringleford, Norwich.

More details to follow, watch this space!



MENDHAM PAINTING DAY Mendham Mill, Wednesday 7 May



A number of NNAC members recently spent a day painting and drawing at Mendham Mill (birthplace of Sir Alfred Munnings). Nestled in the Waveney Valley, the Mill and grounds were a perfect inspiration for the intrepid artists as they braved the rather chilly weather to produce work in a variety of mediums.



Four of Paul Zawadzki's efforts in pen and ink

LIFE DRAWING GROUP

The group meets at **The United Reformed Church, Ipswich Road, Norwich NR4 6QR**

**Next session:
Wednesday 11 June**

**Future dates:
10 September**

Places must be booked in advance and booking opens one week before the session. Please contact Sara Edwards at sara@gullmeadow.co.uk or text 07518 352250.

Model session from 10am, set up from 9.30am, finish 12.45pm. Bring your own equipment.

Cost £10 NNAC member, £15 guest. Please bring cash on the day or make your payment online and let Sara know you have done so.

A reminder that you must be a member of NNAC to be eligible for the member rate of £10. Membership forms are available on the website and guests are still welcome at the rate of £15.

ArtChat

Held at: **The White Horse, The Street, Trowse Newton, Norwich, NR14 8ST**

E-mail: eleanor.alison@btinternet.com

Tel: 07818215551

Next meeting/theme:

Tuesday 10 June - Poster Art

Future dates:

Thursday 3rd July
Tuesday 12th August
Thursday 4th September
Tuesday 14th October
Thursday 6th November
Tuesday 9th December

The Art Chat meetings are a chance to meet and discuss art related matters with other interested people. We have a theme, which directs ideas into one particular area and helps to focus our thought processes. Meetings are held in the pub, normally in a meeting room or quiet side room by the bar. Some members will arrive early to have food in the bar before we start and obviously alcoholic and non-alcoholic drinks are available. It is a great way to meet and learn from others.

£5 per person if using the larger room. Arrive from 6.30pm for 7pm start. The pub closes at 10pm.

CHARITY OPPORTUNITY

Are you interested in working with the Royal National Lifeboat Institution, by running an art workshop and helping raise money for charity?

The Norfolk Inland RNLI, a newly formed branch of the RNLI, is looking to engage with the public in inland areas to promote the charity and its water safety messages.

Karen Bone, Events Coordinator for the charity says: "I have started up some art workshops where we can learn new skills, find hidden talents, meet new people and raise money for charity. Each month we are looking for a different artist to run a workshop with whatever medium they would like to use. I am able to offer the artists a small amount if they wish, otherwise it goes to the charity. We hold the workshops in a private room behind The George and Dragon Pub, 2 The Street, Thurton. NR14 6AL on a Wednesday, some evenings, some day times.

To find out more, contact Karen Bone at RNLI_NIL@hotmail.com

DEMOS & WORKSHOPS

For workshops email Hazel to book your place.

Note: some demos are by Zoom, so you will need to let Hazel know beforehand so she can email you the link.



WORKSHOP

Paul Zawadzki
Drips, blots & splashes!

Friday 15 August
10.00am - 4.00pm
The Willow Centre,
Cringleford, Norwich NR4 7JJ

£50 Members, £70 guests
To book your place email
Hazel Pidsley
hazelpidsley@hotmail.com



DEMOS & WORKSHOPS
calendar 2025/2026

WORKSHOPS
15 August - **Paul Zawadzki** blots & drips (£50 members, £70 non members)

DEMOS/TALKS
(Free for members, £5 non members)

Rachel Thomas Mixed media with oils
28 June 1.45 - 4.30pm

Sarah Edge Framing your artworks
26 July 1.45 - 4.15pm

Sharon Hurst Watercolour
24 September (**by ZOOM only*) 2.00 - 4.00pm

Peter Partington
25 October 1.45 - 4.15pm

2026

Marcia Whiting Munnings' life at Lamorna
24 January 2.00 - 4.00pm
28 February - TBC

Unless otherwise stated all events will be held at the Willow Centre, Cringleford, Norwich NR4 7JJ.

*For ZOOM demos participants must contact Hazel Pidsley for the email link.

Workshops must be booked in advance.
Contact: hazelpidsley@hotmail.com

Paul says about his workshop: "This workshop is intended as a light-hearted activity where you will be introduced to the idea of allowing chance and randomness to inspire creativity. To start the day and get you into gear, we will be doing exercises using ink blots and spontaneous drawing/painting techniques, using water-based ink and drawing materials of your choice. We will round off the day with a more considered work where you will be encouraged to work in a spontaneous manner, again with materials of your choice. Throughout the day I will be discussing how I use this approach in my own practice. Remember: the workshop is not geared to any particular medium, so please bring along whatever you are most comfortable using, plus suitable painting surfaces (watercolour paper, canvas etc) for the afternoon session. This might get messy so please dress accordingly, and have fun and I look forward to seeing you!"

EXCURSIONS AND OPPORTUNITIES

seats still available...seats still available...seats still available...seats still available



Painting Day
MUNNINGS ART MUSEUM Castle House, Dedham

Saturday
5 July

Norfolk & Norwich Art Circle are offering the chance for a *plein air* painting day at Sir Alfred Munnings' former home at Castle House, Dedham, Essex.

There will be an open air tableau with coach and horses, to recreate the "long glittering line" of the Royal procession to Ascot in 1925, and an opportunity to go into the house to see the accompanying exhibition. The Tea Room is open serving delicious food, or you can bring your own picnic.

A Study of the Windsor Greys (Their Majesties' Return From Ascot), 1925, by Sir Alfred Munnings, copyright the estate of Sir Alfred Munnings.

- ▶ Coach will leave Notcutts Garden Centre, Daniels Road, Norwich NR4 6QP at 9am. (Free parking at Notcutts courtesy of Notcutts Garden Centre)
- ▶ En route pick up at Hedenham Village Hall, Norwich Road, Hedenham NR35 2LB at 9.45am. (Free parking courtesy of Hedenham Village Hall)
- ▶ Return coach departs Dedham at 4pm

NNAC members £54.50, non-members £72.00
BOOKING ESSENTIAL: contact hazelpidsley@hotmail.com



WEDNESDAY 25 JUNE 2025

COACH TRIP: LONDON and ROYAL ACADEMY SUMMER EXHIBITION

You are invited to join us for an excursion to the Summer exhibition in London, or do what you like in the city.
Travel by luxury executive coach.
Tickets for the Summer Exhibition are **NOT** included in the price, to allow for flexibility.
The Summer exhibition is an iconic exhibition with many artists taking part. In the past members of NNAC have been selected.

- ▶ Coach will leave Notcutts Garden Centre, Daniels Road, Norwich NR4 6QP at 8am and arrive in London by 11am
- ▶ Free parking at Notcutts courtesy of Notcutts Garden Centre
- ▶ Return coach departs from London at 4pm

NNAC member £22, Non-member £30, **BOOKING ESSENTIAL: contact hazelpidsley@hotmail.com**

MEMBER EXHIBITIONS/EVENTS

South Yare Art Trail

Artists & Makers open their studios to the public where you can see, experience & buy art



Saturday 7th & Sunday 8th June 2025
Open 10am to 4pm



Free Entry

www.SouthYareArtTrail.co.uk

There will also be:
Exhibition
Demonstrations
Art Workshop
Open Gardens
Refreshments

Please see our website to plan your visit

20 Suffolk artists & artisans

Anna Badar
Ros Bieber
Lin Carter
Malcolm Doney

Summer 25 Showcase

location

Holton Lodge Barn Gallery

The Street Holton IP19 8PN

dates

Sat 7 to Sun 15 June '25

11 to 5 daily

Jill Draper
Mary Heller
Ruth McCabe
Sara McLaughlin
Norma Read
Paul Zawadzki
Angela Hall
Kate Roodcroft
Jane Beaumont
Caroline Mackintosh
Hilary Barry
Ruth Simpson
Kate Green
Val Armstrong
Liz Goulding
Christopher Milham

a Suffolk Open Studios Hub 



The annual Art Exhibition at the Royal Norfolk Show is going from strength to strength and many members of the NNAC have their work on show. The marquee is positioned just by the Main Ring and attracts a huge number of visitors over the two show days.

If you are visiting the show, do come along to the exhibition, you may see some familiar faces, as some of our members will be demonstrating their practice or will be 'out and about' painting across the site.

Visit www.royalnorfolkshow.co.uk for more details

Have you got any art events/exhibitions coming up that you would be willing to share with members?

If so, email paulzawadzki@artbear.co.uk to discuss inclusion in our monthly NNAC newsletter

NNAC OFFICERS AND COUNCIL MEMBERS

If you are interested in becoming a Council Member, or know someone who would be, please speak to a Council Member or contact Hazel Pidsley or Ally Zawadzki. Interested parties are welcome to attend a meeting as an observer.

President: Sue Willmer

Chairman: Ally Zawadzki

Vice Chairman: Malcolm Cudmore

Treasurer: Paul Zawadzki

Secretary: Hazel Pidsley

Webmaster: Issy Coe

Archivist: Richard Motley

Council Members:

Eleanor Alison

Shirley Easton

Barry Ellis

Janet Hovard

Jan Motley

Helen Sant

Liam Parker